

**GRADE
LEVELS
1ST-4TH**

Bloom with Kindness!

KINDNESS CRAFT ACTIVITY

**BULLETIN BOARD COLORING &
WRITING ACTIVITY**

PREVIEW

**KEEP SCROLLING TO SEE
WHAT'S INSIDE!**

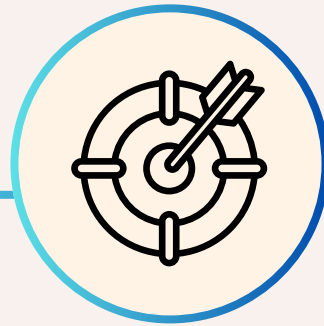


WHY TEACHERS LOVE THIS CRAFT



Social–Emotional Nourishment

Foster kindness and explicitly teach and reflect on acts of kindness. Students learn empathy, compassion, and the art of giving.



Classroom Culture

Create a bulletin board blossoming with kindness flowers. It's not just decor; it's a living reminder of the power of small gestures.



SEL Integration

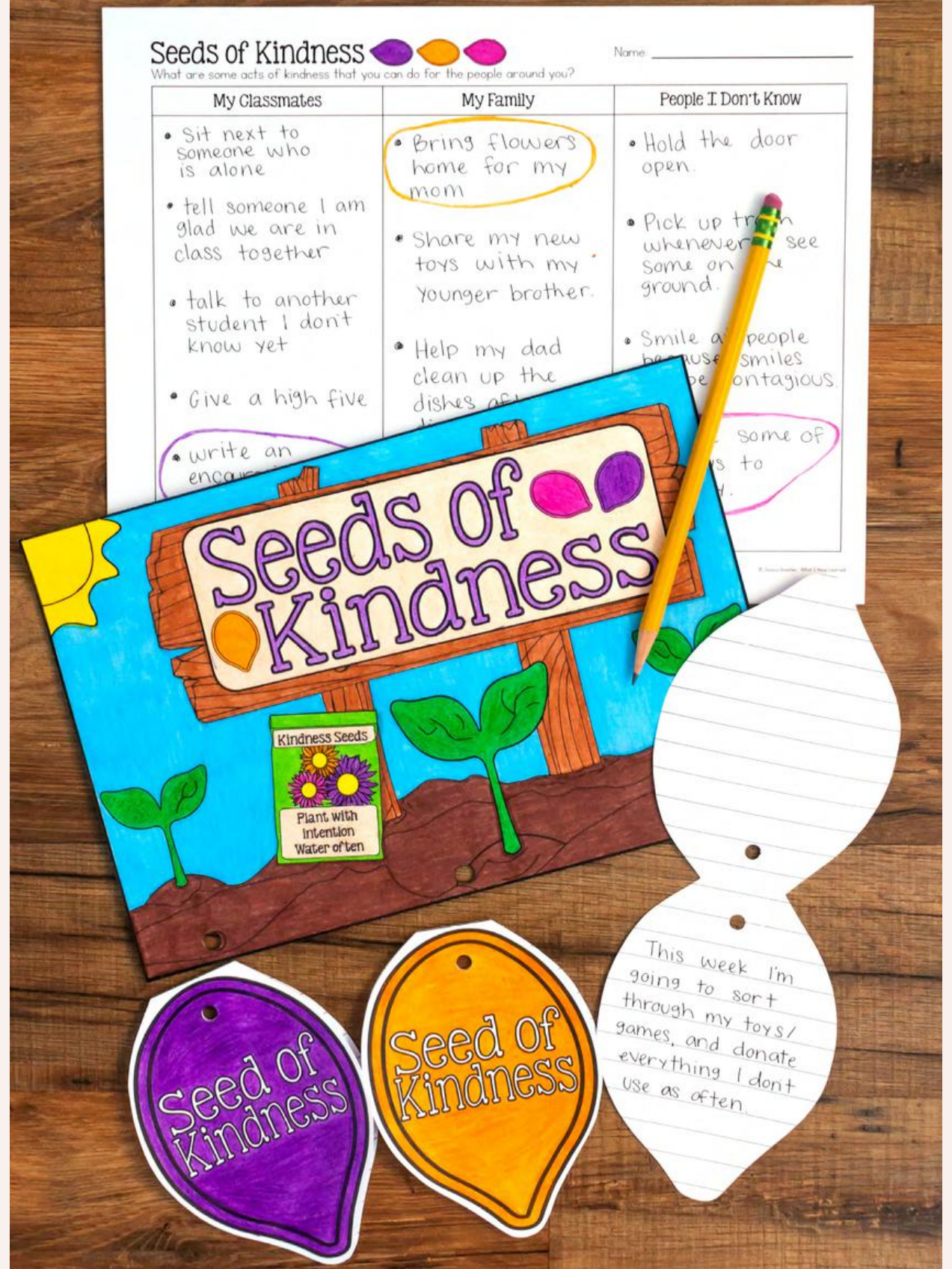
Seeds of kindness sprout resilience. Teachers guide students through reflection, helping them understand the impact of their actions.

TEACHER NOTES

How do we teach students to be kind to each other? Is it something that can be taught? Yes! it can.

This resource provides several opportunities for students to brainstorm acts of kindness, choose which acts of kindness they want to perform over a period of time, and a reflection tool.

One of the main terms in this resource is the concept of **intentionality**. What does it mean to be intentional? How can we show intentionality in our lives in reference to how to treat other people?



TEACHING SEQUENCE

DAY 1

Brainstorm ways students can be kind to their classmates, their family and to strangers.

DAY 2

Have students fill out the graphic organizer where they list acts of kindness they are willing to do.).

DAY 3

Students create their craftivity writing the three acts of kindness on the seeds.

DAY 4

Have students use the reflection tool to further their ideas of intentionality and what happens when acts of kindness aren't reciprocated.

Seeds of Kindness

What are some acts of kindness that you can do for the people around you?

- My Classmates**
- Sit next to someone who is alone
 - tell someone I am glad we are in class together
 - talk to another student I don't know yet
 - Give a high five

- My Family**
- Bring flowers home for my mom
 - Share my new toys with my younger brother.
 - Help my dad clean up the dishes after dinner.

People I Don't Know

- Hold the door open.
- Pick up trash whenever I see some on the ground.
- Smile at people because smiles can be contagious
- Donate some of my old clothes to a charity.

Seeds of Kindness Reflection

How do you feel when people are kind to you?

It makes me smile when people are kind to me. I feel good when others are kind.

How do you feel when you see acts of kindness toward others?

I'm happy when I've been kind to people.

What does it mean to be intentional?

Being intentional means to choose to do something on purpose/with "intent"

Are acts of kindness always noticeable?

Not all acts of kindness are noticeable.

If someone doesn't notice the act of kindness, should you stop being kind? Why or why not?

You should be kind because it is morally the right thing to do even if it goes unnoticed.

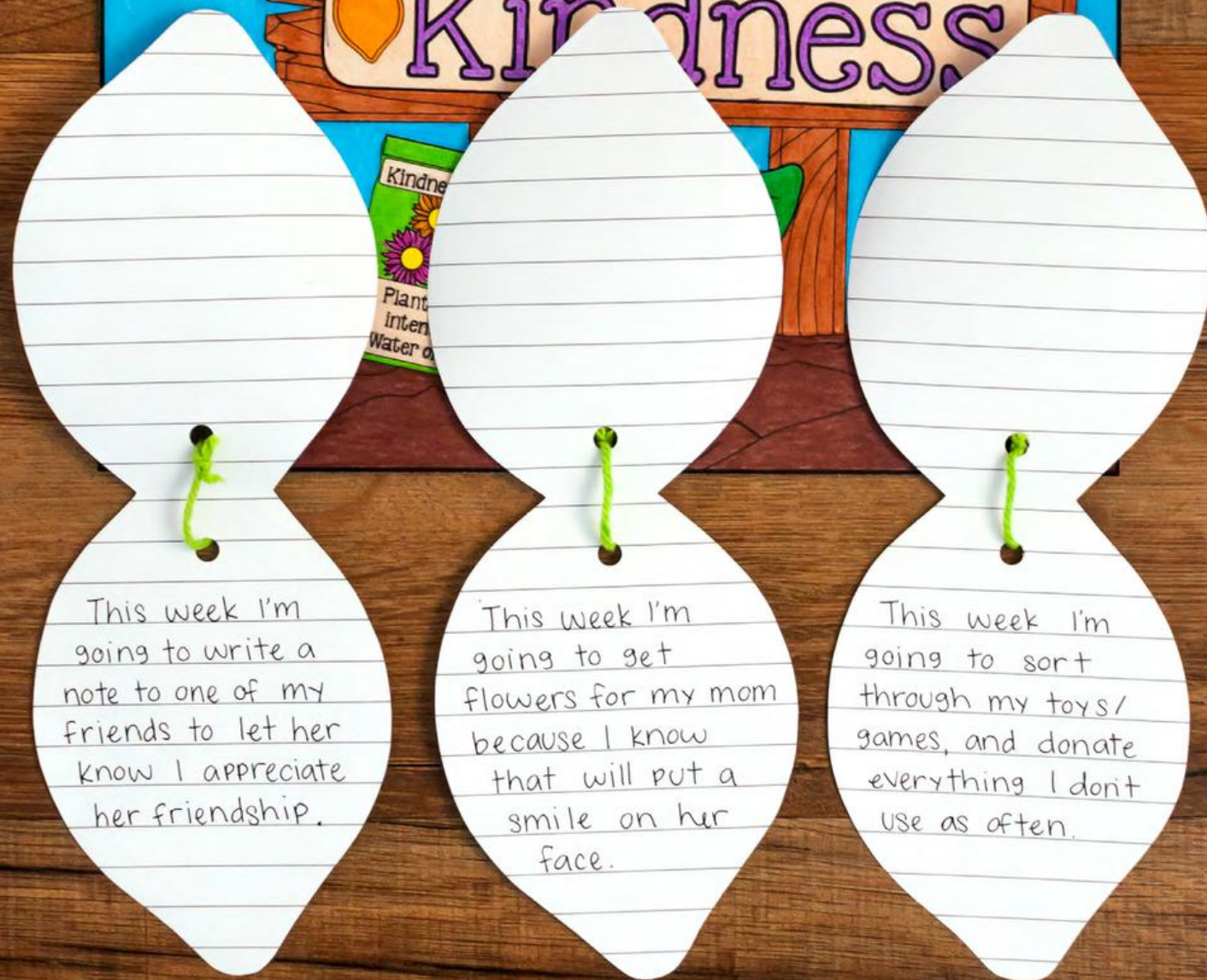
Tell about a time that you intentionally did something for someone else.

Last week during class I noticed that Katie was not going to finish the assignment on time. I decided to help her since I had already finished my assignment. I sharpened all of her colored pencils when they got dull. I also helped her clean up the art supplies and clean up her desk so she could finish more quickly.



Follow the black line. Hole punch. Hang the seeds with string.





Seeds of Kindness

What are some acts of kindness that you can do for the people around you?

Name: _____

My Classmates	My Family	People I Don't Know
• Sit next to someone who is alone • tell someone I am glad we are in class together • talk to another student I don't know yet • Give a high five • write an encouraging note to my friend	• Bring flowers home for my mom • Share my new toys with my Younger brother. • Help _____ d _____ cle _____	• Hold the door open. • Pick up trash whenever I see some on the ground. • smile at people because smiles can be contagious. • Donate some of my toys to charity.

Circle three acts of kindness that you can do.

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Seeds of Kindness

What are some acts of kindness that you can do for the people around you?

My Classmates

- Sit next to someone who is alone
- tell someone I am glad we are in class together
- talk to another student I don't know yet
- Give a high five

• write an encouraging note to my friend

My Family

• Bring flowers home for my mom

• Share my new toys with my younger brother

• Help my dad clean up the dishes after dinner.

• Call my grandparents to say hello.

People I Don't Know

• Hold the door open.

• Pick up trash whenever I see some on the ground.

• Smile at people because smiles can be contagious

• Donate some of my toys to charity.

Circle three acts of kindness that you commit to doing in the next week.

Seeds of Kindness Reflection

How do you feel when people are kind to you?

It makes me smile when people are kind to me. I feel good when others are kind.

How do you feel when you show acts of kindness toward others?
I'm happy when I've been kind to people.

What does it mean to be intentional?
Being intentional

choose +

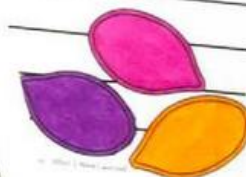
Name: _____

Tell about a time that you intentionally did something for someone else.

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helped her since she had already finished my assignment. I sharpened

colored pencils that got dull. I also put away the supplies and clean up so we could finish.



TEACHERS LOVE IT!



Love this bulletin board. My students have started work on it. They are engaged at it will be a wonderful bulletin board for March and April.

Elisa F.



Our school focuses on kindness daily. The principal's morning announcements always end with, "Remember to be kind." This was a perfect activity for my 2nd Graders to reinforce this message.

Laureen P.



My passion is making learning accessible to all students.
I love scaffolding learning, breaking down the concepts and
building them up so that students can see the connections.
I love figuring out the small components that build up to
the big ideas and helping students see it all.



What I have **LEARNED**